A:	Buffet & Starter		
	Salmon & Spinach Pasty Handmade puff pastry with Atlantic Salmon and creamy bechamel sauce with spinach. CASE: 8 x 150g > Handmade pasty for a light meal > Filled with Atlantic Salmon > Creamy sauce with Spinach Oven Bake	0387 NEW!!	Picture coming soon
B:	Prepared Red Meats		
	Bacon Wrapped Stuffed Pork Loin Pork loin stuffed with Cheddar, wraped in back bacon and garnished with a Parsley. CASE: 6 x 225g	0070 NEW!!	
	 > Generous Pork loin portion > Filled with premium quality Cheddar cheese > Wrapped in prime back bacon > Vacuum packed 		
	Beef & Horseradish Roulade Nottinghamshire Beef with piquant horseradish, Cheddar and red onion rolled in handmade puff pastry. CASE: 6 x 200g > Large 200g serving > Full of Nottinghamshire beef > Simply cook from frozen Oven Bake	0335	
	 Beef Wellington Grass Fed Nottinghamshire Fillet of Beef with a mushroom duxelle and a handmade chicken liver pate with brandy. All wrapped in a handmade puff pastry and garnished with olive and cherry tomato. CASE: 6 x 255g Prime Grass Fed Nottinghamshire Fillet of beef Fillet is raw - oven cook from frozen Rich handmade mushroom duxelle and pastry Handmade chicken liver pate with brandy 	0256 TOP SELLER	

Cheeseburger Wellington	0046	· · · · · · · · · · · · · · · · · · ·
<i>A top quality beef burger with Cheddar, gherkin and onion, all enclosed in a light puff pastry finished with a Cheddar garnish. Simply oven from frozen.</i> CASE: 6 X 220g	NEW!!	Picture coming soon
 Prime British beef Generous serving of Cheddar Well seasoned with onion, gherkin and a touch of garlic Large 220g portion Oven from frozen 		30011
Oven Bake		
✓ Minted Lamb Purse	0009	
Lean New Zealand Lamb slowly cooked in a mint gravy all enveloped in a handmade pastry purse garnished with mint and egg wash.		
CASE: 8 * 270g > Our top selling purse classic pastry fold > Lean New Zealand Lamb pieces > Rich minted gravy and handmade pastry - no additives > Large on plate presentation	TOP SELLER	
Oven Bake		
Pork & Caramelised Red Onion Roulade Nottinghamshire Pork with caramelised red onion rolled in handmade puff pastry.	0208	11222
CASE: 6 x 200g Large 200g serving Full of Nottinghamshire Red Tractor and outdoor reared pork Mildly spiced with caramelised red onion. Simply cook from frozen Oven Bake	TOP SELLER	
Pork and Chicken Combo FARMHOUSE CHICKEN: A whole breast of British chicken wrapped in bacon and filled with a sauce of cream cheese, cheddar and spring onions. SHERWOOD PORK: British Red Tractor Pork tenderloin, stuffed with a farmhouse Sage &	0389	
 Onion stuffing, all wrapped in a CASE: 3 x Pork and 3 x Chicken > Individually vac packed > Large portion size > Prime quality chicken breast - British > Red Tractor Nottinghamshire Pork > Easy cook - from frozen in the oven 		A deal

 Sherwood Stuffed Pork British Red Tractor pork tenderloin, stuffed with a farmhouse sage & onion stuffing, all wrapped in a prime back bacon and garnished with a bay leaf. CASE: 8 x 235g Vac Packed Garnished with Bay Leaf Large 235g portion Portions individually flow wrapped Oven Bake 	0090 TOP SELLER
Steak & Guinness Purse	0015
 Prime naturally grass reared beef steak in a rich Guinness gravy all enclosed in a handmade puff pastry purse and finished with parsley, paprika and egg wash. CASE: 8 * 270g > Our top selling purse classic pastry fold > Lean natural grass fed beef steak > Real Guinness and handmade pastry purse > Great on plate presentation > Easy prep from frozen 	TOP SELLER
Oven Bake	
Steak & Stilton Purse	0399
Prime naturally grass reared beef steak in a rich Stilton cheese gravy all enclosed in a handmade puff pastry purse and finished with poppy seeds and egg wash. CASE: 8 x 270g	
 > Lean natural grass fed beef steak > Generous Stilton sauce > Handmade pastry purse > Great on plate presentation > Easy prep from frozen 	
Oven Bake	

C: Prepared Game Meats

Game Purse

A combination of venison, rabbit, partridge and pheasant in a red wine and juniper gravy all enclosed in a handmade puff pastry purse garnished with egg wash and herbs. CASE: 8 * 270g

- > Our top selling purse classic pastry fold
- > Generous combination of game meats (seasonal variation)
- > Handmade puff pastry
- > Large plate filling portion
- > Easy preparation from frozen
- > Free from artificial additives and ingredients

Oven Bake

0010



Chicken & Wild Mushroom en Croute Chicken fillet pieces in a cream and white wine sauce with a	0318
<i>combination of wild mushrooms, and a garnish of French</i> <i>herbs.</i> CASE: 6 x 225g	NEW!!
 > Prime British Turkey breast > Rich handmade stuffing > Tournedos recipes have different garnishes for recognition in mixed boxes 	
 > From scratch look presentation > Excellent on plate presentation > Exact portion control 	
Oven Bake	

□ Chicken Wellington

D: en Croute Chicken

A tender piece of prime chicken with garlic mushrooms all enclosed in handmade light puff pastry. Simply oven from frozen.

CASE: 6 * 250g

- > Fine quality succulent British chicken
- > Handmade lattice puff pastry
- > Wholesome 250g portion
- > Artificial additive and ingredient free
- > Easy preparation oven from frozen

Oven Bake

E: Coated Chicken

Chicken & Bacon Croquette Chicken breast pieces with bacon in crushed Lincolnshire potato, Mozzarella and Spring Onion. All enrobed in a light Panko breadcrumb.

CASE: 10 x 90g

- > Prime chicken fillet pieces and bacon
- > Crushed Lincolnshire potato with Spring Onions
- > Mozzarella Cheese
- > Light and natural Panko breadcrumb.
- > Oven from frozen

Oven Bake



0076



Chicken Cheese & Ham Kyiv	0038	
Chicken breast filled with Cheddar and ham all breaded in a seasoned Panko breadcrumb. Our spin on the classic Cordon Bleu recipe. CASE: 6 x 200g	NEW!!	
 > Prime succulent Chicken breast > Filled with tasty mature Cheddar > Cheddar rolled in sliced Ham > Simply oven from frozen 		
Oven Bake		
Chicken Kyiv	0973	-
<i>Prime chicken breast fillet Kyiv filled with garlic butter and enrobed in an oven bake breadcrumb.</i> CASE: 6 x 200g		
 Proper prime chicken breast fillet Generously filled with a rich garlic and butter sauce Oven bake from frozen 		
Oven Bake		
Chicken Schnitzel - 6 Pack	0978	
<i>A large prime thinly cut chicken breast with a light and crispy panko coating. Deep fry, pan fry or oven.</i> CASE: 6 x 200 g	NEW!!	
 > Large prime chicken breast > Wide plate coverage > Tenderised breast for fast cooking > Crisp natural Panko crumb > 3 way cook 		
Crispy Italian Chicken Breasts	0959	n
Whole prime Chicken breast lightly coated in grated Grana Padano cheese, panko and Italian herbs. Oven or shallow fry. CASE: 6 x 200g	NEW!!	and the second
 > Whole breast of prime Chicken flatened for fast cooking. > Skinless and boneless > Light coating of herbs and grated Italian Grana Padano cheese > Brush with oil and cook in the oven from frozen 		

Pan Fry Oven Bake Grill

G: Stuffed Chicken		
 Chicken Corsica Butterfly fillet of British Chicken glazed in herbs and garlic topped with a sauce of mozzarella, bacon and spring onion all finished with a tomato garnish. CASE: 6 x 160g Butterfly fillet of British chicken Dusted in herbs and spices with garlic Finished with a sauce of mozzarella, bacon and spring onion Oven from frozen or defrost and microwave 	0180	
Chicken Melt - Ham & Cheddar	0189	
Prime chicken breast topped with a rich cheddar cheese and ham melting sauce. CASE: 6 x 225g > Large premium quality Chicken breast > Attractive garnish for great plate presentation > Oven cook from frozen	TOP SELLER	
 Chicken Melt - Wholegrain Mustard Prime chicken breast topped with a cheesy wholegrain mustard sauce, finished with a tomato and a sprinkle of chives. CASE: 6 x 225g Large premium quality Chicken breast Atrractive garnish for great plate presentation Oven cook from frozen 	0186	
 Hunters Chicken A large breast of chicken filled with Cheddar smothered in a BBQ glaze and then wrapped in bacon. CASE: 6 x 220g Large succulent breast of chicken Rich BBQ gloaze Prime back bacon Oven Bake 	0419 NEW!!	Picture coming soon

 Mexican Chicken A large chicken breast fillet rolled in a cajun glaze then topped with red peppers, red beans, Mozzarella and crushed tortilla. CASE: 6 x 210g Large prime chicken breast Rich in flavour and attractive visual presentation Ovenbake from frozen Individually wrapped 	0082
 Sicilian Chicken Fresh Chicken Breasts with baby Spinach leaves, Mozzarella, Sundried Tomatoes and Italian herbs. CASE: 6 x 210g Prime skinless and boneless Chicken Breast Generously filled with Mozzarella and Sundried Tomatoes Held closed with a bamboo skewer Simply oven from frozen Oven Bake 	0064
 Wholegrain Mustard Stuffed Chicken Whole prime Chicken breast stuffed wholegrain mustard and cheddar all wrapped in smoked streaky bacon. Oven from frozen. CASE: 6 x 210g Whole breast of prime Chicken Rich sauce of: Wholegrain Mustard, Cheddar and cream Wrapped in bacon Garnished with Paprika Simply oven from frozen 	0957 NEW!!

6		 Deve	

pastry pare	od with Choirzo, mushro cel. from frozen.	oom and Cheddar in a puff	0958 NEW!!	
> Spanish C > Rich flavo > All enrobe	antic Cod fillet pieces horizo urs of Cheddar and Mushro ed in puff pastry vith an egg wash and Papr			
	Oven Bake			

 Cod Wellington A skinless and boned prime Cod in a rich cheese, prawn & mushroom sauce wrapped in a pastry purse finished with a sliced mushroom and parsley. CASE: 6 x 215g Prime Atlantic Cod Fillet Portion, skinless and boneless Rich sauce made with cream All made and garnished by hand Puffs to be a very good sized centre of plate presentation 	0100 TOP SELLER	
Haddock Wellington	0002	Sec. 8. 1
 A skinless and boned prime North Atlantic Haddock in a rich cheese, prawn & mushroom sauce wrapped in a pastry purse finished with a sliced mushroom and herbs. CASE: 6 x 216g Prime Atlantic Cod Fillet Portion, skinless and boneless Rich sauce made with cream All made and garnished by hand Puffs to be a very good sized centre of plate presentation Oven Bake Micro 	NEW!!	Picture coming soon
Imperial Wellington of Smoked Haddock	0105	
Smoked Haddock in a rich florentine sauce of spinach and cheese, encased in puff pastry finished with cheddar, mixed herbs and egg glaze. CASE: 6 x 215g > Rich sauce of cheddar and hint of mustard that complements the prime Haddock > Handmade puff pastry that swells to give good plate coverage > Impactful centre of plate presentation Oven Bake	TOP SELLER	
King Prawn Wellington	0080	
 Handmade puff pastry filled with large Tropical Prawns in a spicy sweet Chilli and Red Pepper sauce. CASE: 6 x 210g Full of large tropical prawns Rich moderately spiced chilli sauce Handmade puff pastry 	TOP SELLER	

Lobster Thermidor en Croute	0103
 Lobster with skinless and boned Cod in a rich and creamy white wine, cheese, mustard and garlic sauce, wrapped in a light puff pastry and topped with a lemon slice and dill. CASE: 6 x 215g Pieces of lobster with Atlantic Cod Light puff pastry Attractive garnish Easy cooking - oven from frozen 	TOP SELLER
Oven Bake	
Prawn & Salmon en Croute	0316
<i>Atlantic Salmon Fillet and Prawns in a cream sauce all enclosed in puff pastry</i> CASE: 6 x 215g	NEW!!
 > Atlantic Salmon > North Atlantic Prawns > Cream, mustard and parsley sauce > Oven from frozen 	
Oven Bake	
Salmon & Lobster en Croute	0104
Atlantic Salmon fillet portion in a lobster sauce with tomato, basil and crème fresh all enveloped in puff pastry crusted with parmesan and salad prawns. CASE: 6 x 225g	
 > Hand prepared and attractively garnished > Generous 225g portion > Large Atlantic Salmon fillet portion > Lobster sauce with Parmesan crust finish > Simply cook from frozen 	
Oven Bake	
Salmon & Spinach Wellington	0462
Prime skinless and boned Salmon in a rich butter, spinach and prawn sauce wrapped in a puff pastry purse finished with dill. Oven from frozen.	

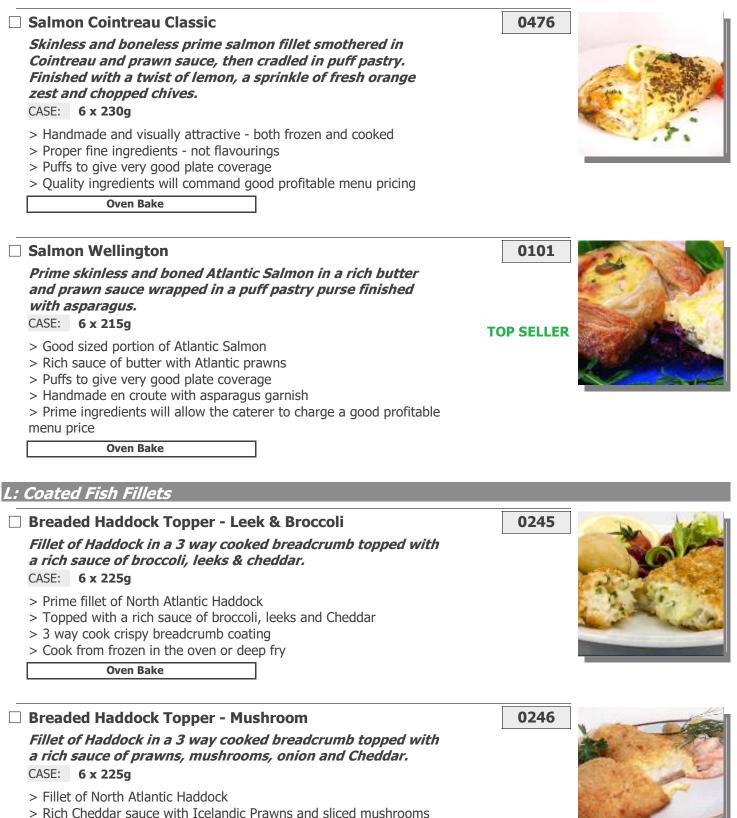
CASE: 6 x 215g

- > Good sized portion of Atlantic Salmon
- > Rich sauce of butter with Atlantic prawns> Puffs to give very good plate coverage
- > Handmade en croute

Oven Bake

TOP SELLER





- > NICH CHEUVAL SAUCE WITH LCEIdHUIC PIdWINS and
- > 3 way cook crispy breadcrumb coating
- > Cook from frozen in the oven or deep fry

M: Fish Cakes	
 Breaded Tuna Fishcakes <i>Fishcakes full of Tuna with mature Cheddar cheese and</i> <i>Spring Onion in a seasoned breadcrumb.</i> CASE: 12 x 130g Full of Tuna with grated mature Cheddar, garlic, sea salt, cracked black pepper and onion Breadcrumb seasoned with cracked black pepper and sea salt Oven from frozen or defrost and pan fry Large 130g sized fishcakes Pan Fry Oven Bake 	0062
 Cheddar Melt Fishcakes Twin Pack A twin pack of Fishcakes: 1. Smoked Haddock and Spring Onion; and, 2. Haddock and Leek Fishcakes; both with a Cheddar melt middle. CASE: 2 x 6 x 150g High fish content Professional tall narrow cylinder shaped fishcakes Low fat crispy Panko coating Flexible cooking options - 3 way cook Use as a starter or main course 	0061
 Dusted Smoked Haddock Fishcakes Atlantic Smoked Haddock fillet pieces with Lincolnshire crushed potato, seasoned and coated in a very light coating. Shallow fry or ovenbake. CASE: 10 x 100g Prime Atlantic Smoked Haddock fillet pieces Recipe of: onion, leek, cream and parsley Very light dusting of potato flour as the coating Oven, shallow fry or deep fry from frozen Deep Fry Pan Fry Oven Bake 	0956 NEW!! Picture coming soon
O: Recipe Salmon	
 Salmon & Cream Cheese Parcel Atlantic Salmon rolled around a spinach and cream cheese filling then topped with grated Parmesan and parsley. CASE: 6 x 160g Thinly sliced Atlantic Salmon fillet, skinless and boneless Filling of cheddar, cream cheese, spinch and seasoning Finished with Parmesan and parsley Roast from frozen 	0131 TOP SELLER
Oven Bake	GLUTEN FREE

 Salmon Roulade 4's Atlantic Salmon fillet rolled around a spinach and cream cheese filling then topped with puff pastry. Simply roast from frozen. CASE: 4 x 500g S00g Roulade Serves 3 - 4 Each Roulade is individually wrapped Roast from frozen Oven Bake 	0096 TOP SELLER
P: Recipe Fish & Seafood	
 Balmoral Cod A loin of Atlantic Cod, skinless and boned, wrapped in smoked salmon with herb butter. CASE: 6 x 180g Atlantic Cod Loin Simply oven from frozen or chilled Best cooked in a ceramic dish so the herb butter can be basted over the top. 	0160 TOP SELLER
Oven Bake	GLUTEN FREE
 Haddock Melt Twin Pack Skinless and boned tails of Atlantic Haddock with rich toppings - 1: Florentine 2: Cheddar and Smoked Bacon lardons. CASE: 4 of each (200g) Case contains four portions of each product Large 200g portion size Skinless and boned prime Atlantic Haddock Simply oven from frozen, ready in 20-25 mins Product shown: Cheddar & Bacon (frozen) 	0075
 Pesto Rosso Haddock Atlantic Haddock with a topping of Sundried Tomato, Red Pesto, Chilli, Oregano, Cumin and Paprika with a Parmesan and Panko crunchy topping. CASE: 6 * 185g Skinless and boned prime Haddock fillet Richly flavoured topping Attractive handmade presentaion Simply oven from frozen 	0032 Picture coming soon

 Rolled Haddock - Bacon & Onion Stuffing A skinless and boned fillet of Haddock rolled around a stuffing of bacon, onion, garlic and celery, finished with butter, Parmesan and paprika and skewer. CASE: 6 x 170g Large 200g portion Prime North Atlantic Haddock fillet, skinless and boned Rich stuffing of bacon, onion, celery and garlic Attractively finished with a skewer 	0432	
Oven Bake	GLUTEN FREE	
 Smoked Haddock Croquette Smoked Haddock pieces and Spring Onion with crushed Lincolnshire potato. All enrobed in a light Panko breadcrumb. CASE: 10 x 90g Prime Atlantic Smoked Haddock fillet pieces Crushed Lincolnshire potato Light and natural Panko breadcrumb. Oven from frozen 	0313 NEW!!	Picture coming soon
Q: Natural Fish & Seafood		
 Natural Smoked Haddock A prime tail fillet of Icelandic Oak Smoked Haddock, skin on and boned IQF with only a very low protective glaze (4%). CASE: 4.54Kg Prime North Atlantic Haddock 	0244	

- > Smoked over oak and beech
- > Low glaze (approx 4%)
- > Immensly flexible menu usage
- > No significant weight loss on defrosting
 - Pan Fry Oven Bake Grill

S: Grill & BBQ Foods

□ Marinated Butterfly Chicken Breasts

Two of each of the following: Garden Mint, Lemon & Pepper and Chinese. Prime chicken breast, skinless and boneless. CASE: 6 * 185g

- > A selection pack of our best selling marinated butterfly chickens
- > Prime skinless and boneless breasts
- > Butterfly presentation for quicker cooking
- > Richly flavoured marinades
- > Perfect for the BBQ or grill
- > Gluten free

Oven Bake Grill

GLUTEN FREE

0190

NEW!!

	Traditional Sausage Selection Pack A combo pack of the 3 year round best selling recipes: Traditional pork, Lincolnshire and Cumberland. CASE: 30 x 3 Types > Premium quality traditionally made sausages > Pack contains a total of 45 sausages - the 3 types seperately bagged and labelled > British Red Tractor accredited Nottinghamshire pork > Very bigh meat content	0195	
	> Very high meat content> You'll see the quality - only a small am		
	Pan Fry Oven Bake Grill		
<i>T:</i>	Traditional Pies		
	Fisherman's Salmon, Haddock & Smoked Haddock Pie	0054	
	Salmon, Haddock and Smoked Haddock in a bechamel sauce with mustard, cream, spring onions and topped with crushed Lincolnshire potato and a sprinkle of Cheddar cheese. CASE: 12 x 400g	NEW!!	C. L.D
	 > Full Salmon, Haddock and Smoked Haddock > High quality crushed Lincolnshire potato topping > Large 400g portion > Oven from frozen or defrosted > Comes in a foil 		
	Oven Bake		
✓	Great Grimsby Fish Pie	0141	1999 D
	<i>Fillets of Salmon and Haddock with North Atlantic Prawns in a creamy cheese, wine, mustard, Garlic & Parsley sauce.</i> <i>Topped with crushed Lincolnshire potatoes and a sprinkle of Cheddar cheese.</i> CASE: 4 x 400g		
	 > Full of fish and seafood > High quality crushed Lincolnshire potato topping > Large 400g portion > Simply oven from frozen! 	TOP SELLER	
	Oven Bake		
✓	Luxury Salmon, Prawn & Broccoli Fish Pie	0140	
	Atlantic Salmon, North Atlantic Prawns and Broccoli in a creamy cheese sauce topped with crushed Lincolnshire potatoes and a sprinkle of Cheddar. CASE: 4 x 400g	NEW!!	
	 > Rich creamy sauce with Atlantic Salmon and Prawns > Finished with crushed Lincolnshire potato and Cheddar 		

- > Rich creamy sauce with Atlantic Salmon and Prawns
 > Finished with crushed Lincolnshire potato and Cheddar
 > Large 400g portion
 > Simply oven from frozen!

 Short Crust Pies Twin Pack: Steak and Chicken & Mushr <i>4 x Trent Valley beef with Ale Pies; and, 4 x Chicken and</i> <i>Ham Pies, all in handmade shortcrust pastry.</i> CASE: 2 x 4 x 270g Large 270g serving, handmade additive free pastry Nottinghamshire beef - lean and tender British prime chicken chunks Pre baked in a foil ready for re-heating Attractive from scratch look to the product 	0138 TOP SELLER
V: Vegetarian	
 Brie & Vegetable Tart A combination of caramelised vegetables with brie in a puff pastry tart. CASE: 6 * 240g > Generous portion of caramelised vegetables > Handmade puff pastry > Handmade appearance on plate > Large plate filling portion > Easy cook from frozen 	0192
 Calabrian en Croute A combination of goats cheese, olives and spinach, finished with crumbled goats cheese and olives, all enclosed in puff pastry. Roast from frozen. CASE: 6 x 225g > This delightful looking vegetarian en croute packs a flavour punch! > The combination of goats cheese, olives and spinach works wonderfully well > Finished with crumbled goats cheese and olives. > Roast from frozen. 	0474 TOP SELLER
Oven Bake	VEGETARIAN